



Registration Form

Saturday, May 28, 2011

5K Rescue Run – 7:30 AM

Wiggle Waggle Walk – 9 AM



No dog to walk? No problem!
Rent a rescue for the
Wiggle Waggle Walk!
To reserve a rescue – email
sherry@animalrescuemobile.org

Animal Rescue Foundation

ARF is a 501(c)3 Non-Profit Organization
All proceeds from this event go directly the care of ARF rescues!
Thank you fro your support!

Benefiting: Animal Rescue Foundation (www.animalrescuemobile.org)
Location: University of South Alabama – Intramural Fields (**SGA Pavilion**), Mobile, AL
Distances: 5K Rescue Run certified 5K course (*Humans Only*) Wiggle Waggle Walk - approximately 1 Mile
Registration: Register by mail (entries should be postmarked by May 21, 2011), in person at **McCoy Outdoor** in Mobile or **Running Wild** in Fairhope until noon on Thursday, May 26, 2011, or online (www.Active.com) until midnight, Thursday, May 26, 2011. 5K Race day registration at the USA’s Intramural Fields (SGA Pavilion) from 6:00 to 7:00 AM

Entry Fees:

Pre-registered

Day of Race



\$20 5K Rescue Run - with shirt
\$15 5K Rescue Run - without shirt
\$20 Wiggle Waggle Walk - with shirt
\$15 Wiggle Waggle Walk - without shirt
\$10 Stay in Kennel Option (t-shirt/no running or walking)

\$25 5K Rescue Run - with shirt
\$20 5K Rescue Run - without shirt
\$25 Wiggle Waggle Walk - with shirt
\$20 Wiggle Waggle Walk - without shirt
Children 4 and under are FREE!

Pet Contestants: Dogs are welcome in the Wiggle Waggle Walk. Owners are responsible for their pets and pet products
Awards: 5K - Top male and female Overall, Masters, Grandmasters, and Senior Grandmasters.
Top three male and female in age groups: 9 and under, 10-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, and 80-99.
Wiggle Waggle Walk finishers will receive treats and ribbons.

Shirts: To guarantee a shirt on race day, you must submit your application by May 21, 2011
Post-Race Party: Food and beverages will be provided after the race.

Last Name: _____ **First Name:** _____

Age: _____ **Sex:** _____ **Date of Birth:** _____ **Event:** 5K RESCUE RUN W W Walk

Address: _____ **City, State & ZIP:** _____

Phone: _____ **Email:** _____

T-Shirt Size: S M L XL No Shirt **Additional donation to ARF:** \$ _____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the 5K race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release University of South Alabama, USA Brookley Complex, Animal Rescue Foundation, LRH Productions (Margaret Olive), all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event on May 28, 2011, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____
(Parent/Guardian must sign for participants under 19)

Make checks payable to: Animal Rescue Foundation
Mail completed applications and fees to: 5K Rescue Run, LRH Productions, PO Box 6976; Mobile, AL 36660

